

A Hermit In The Himalayas Journal Of Lonely Exile Paul Brunton

WANDERINGS IN THE HIMALAYAS [Shamanism and Tantra in the Himalayas](#) [A Hermit in the Himalayas](#) **Stranded in the Himalayas, Activity** [Walking The Himalayas](#) **Democratisation in the Himalayas** [The Secret of the Himalayas](#) [Trekking in the Himalayas](#) [A Girl in the Himalayas](#) **Himalaya: A Human History** [Trekking in the Himalaya](#) **In the Himalayas** **Life in the Himalaya** **Climate Change in the Himalayas** **Kinnaur in the Himalayas** **It's Only the Himalayas** **Love and Honor in the Himalayas** [The Politics of Belonging in the Himalayas](#) **Mining in the Himalayas** [The Himalayas](#) [Climate Change in the Himalayas](#) [A Death in the Himalayas](#) [Rain in the Mountains](#) [A Hermit in the Himalayas](#) [Routeing Democracy in the Himalayas](#) **Spies in the Himalayas** [Alchi](#) [A Long Walk in the Himalaya](#) **Water, Cryosphere, and Climate Change in the Himalayas** **Faith-healers in the Himalayas** **Curious Tales from the Himalayas** **Among Flowers** **Hollywood to the Himalayas** **Over the High Passes** **Footloose In The Himalaya** **Great Game in the Buddhist Himalayas** **Shadow States All the Way to Heaven** **Jewellery of Tibet and the Himalayas** *Zanskar to Ziro*

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Great Game in the Buddhist Himalayas Oct 27 2019 There is a new 'great game' being played in the Buddhist Himalayas between India, China and Tibet, which makes for a crucial third player. Together, they are leveraging their influence with the Buddhist communities to create strategic dominance, with

varying degrees of success. China's 'Buddhist diplomacy' has focused on Nepal and Bhutan, and the Indian Himalayan regions of Ladakh, Arunachal Pradesh and Sikkim, which have sizeable Buddhist populations and are vulnerable to this influence. The crisis in Doklam brought into focus what will be one of the most difficult issues to unfold in the

Himalayas in future: India's insufficient ability to deal with China only through the prism of military power. If Xi Jinping, who is known to be working towards a resolution of the Tibet question, succeeds, and the Dalai Lama does indeed return to Tibet, how will it impact Indian interests in the Buddhist Himalayas? If the Tibet issue remains unresolved,

how will India and China deal with and leverage the sectarian strife that is likely to intensify in a post-Dalai Lama world? The Great Game in the Buddhist Himalayas includes several unknown insights into the India-China, India-Tibet and China-Tibet relationships. It reads like a geopolitical thriller, taking the reader through the intricacies of reincarnation politics, competing spheres of sacred influence, and monastic and sectarian allegiances that will keep the Himalayas on edge for years to come.

[Climate Change in the Himalayas](#) Feb 09 2021 This book analyzes the issues associated with climate change

in the Himalayas. The purpose of choosing the Himalayas as a focus is because it is a particularly fragile mountain system, highly sensitive to climate change impacts, and it contains one of the largest human populations affected by climate change. The book provides extensive data and information regarding the climate history of the Himalayas, and the current effects of climate change on Himalayan weather systems, and on human and animal populations in the region. The book begins with an overview of global climate change with discussions of data trends and international initiatives, then segues into a history of climate

changes and weather trends in the Himalayas. Weather systems of the Himalayas, both past and current, are analyzed and detailed through climate models, seasonal observations of weather fronts, and overviews of various climate scenarios. The book then discusses climate change impacts and signat ures specific to the Central Himalayan region, where the largest effects of impacts are observed. Readers will discover analysis presented on water resources, meteorological changes, biodiversity, agriculture and human health along with perspectives of management and policy. This book will appeal to researchers

studying climate science, climatology, environmental scientists and policymakers.

Love and Honor in the

Himalayas Jun 15 2021

American anthropologist

Ernestine McHugh arrived in the foothills of the Annapurna mountains in Nepal, and, surrounded by terraced fields, rushing streams, and rocky paths, she began one of several sojourns among the Gurung people whose ramro hawa-pani (good wind and water) not only describes the enduring bounty of their land but also reflects the climate of goodwill they seek to sustain in their community. It was in their steep Himalayan villages that McHugh came to know another

culture, witnessing and learning the Buddhist appreciation for equanimity in moments of precious joy and inevitable sorrow. Love and Honor in the Himalayas is McHugh's gripping ethnographic memoir based on research among the Gurungs conducted over a span of fourteen years. As she chronicles the events of her fieldwork, she also tells a story that admits feeling and involvement, writing of the people who housed her in the terms in which they cast their relationship with her, that of family. Welcomed to call her host Ama and become a daughter in the household, McHugh engaged in a strong

network of kin and friendship. She intimately describes, with a sure sense of comedy and pathos, the family's diverse experiences of life and loss, self and personhood, hope, knowledge, and affection. In mundane as well as dramatic rituals, the Gurungs ever emphasize the importance of love and honor in everyday life, regardless of circumstances, in all human relationships. Such was the lesson learned by McHugh, who arrived a young woman facing her own hardships and came to understand—and experience—the power of their ways of being. While it attends to a particular place and its inhabitants, Love and Honor in

the Himalayas is, above all, about human possibility, about what people make of their lives. Through the compelling force of her narrative, McHugh lets her emotionally open fieldwork reveal insight into the privilege of joining a community and a culture. It is an invitation to sustain grace and kindness in the face of adversity, cultivate harmony and mutual support, and cherish life fully.

Trekking in the Himalayas Mar 25 2022

Trekking in the Himalaya Dec 22 2021 WALKING, HIKING, TREKKING. The 2400km-long Himalayan chain contains the highest mountains on earth, and some of the most dramatic

scenery on Earth. These classic, challenging and magical treks, spread right across the Himalaya, will feed the dreams and ambitions of all who love wild places; they include such well-known classics as the treks to Everest, K2 and Kangchenjunga base camps, and the Annapurna and Manaslu Circuits. The ultra-long Lunana Snowman Trek and a kora around sacred Mount Kailash in Tibet are also included. There are epic glacier treks like that to Pakistan's Snow Lake; following in the footsteps of Shipton and Tilman towards Nanda Devi, and the approach to Gangkar Punsum - the world's highest unclimbed peak located in remote Bhutan.

This is a book to excite and entice, guaranteed to set the pulse racing of anyone with a sense of adventure.

A Death in the Himalayas Jan 11 2021

Jewellery of Tibet and the Himalayas Jul 25 2019

Presenting the traditional jewellery of the region in all its splendour, this book tells the fascinating stories of trade, conquest, faith and the fortune that lie behind it.

Climate Change in the Himalayas Sep 18 2021 This book analyzes the issues associated with climate change in the Himalayas. The purpose of choosing the Himalayas as a focus is because it is a particularly fragile mountain

system, highly sensitive to climate change impacts, and it contains one of the largest human populations affected by climate change. The book provides extensive data and information regarding the climate history of the Himalayas, and the current effects of climate change on Himalayan weather systems, and on human and animal populations in the region. The book begins with an overview of global climate change with discussions of data trends and international initiatives, then segues into a history of climate changes and weather trends in the Himalayas. Weather systems of the Himalayas, both past and current, are analyzed

and detailed through climate models, seasonal observations of weather fronts, and overviews of various climate scenarios. The book then discusses climate change impacts and signat ures specific to the Central Himalayan region, where the largest effects of impacts are observed. Readers will discover analysis presented on water resources, meteorological changes, biodiversity, agriculture and human health along with perspectives of management and policy. This book will appeal to researchers studying climate science, climatology, environmental scientists and policymakers.

Stranded in the Himalayas,

Activity Jul 29 2022 Build teams that move mountains! Activity participants enjoy a simulated mountain adventure. In thisimaginary setting, they must arrive at consensus in order tosucceed, and they experience the magic of group power: synergy.Participants face fatigue, dehydration, an avalanche, and more.First, they make decisions on their own. Then, joining the group,they compare answers and attempt to agree on the best course ofaction. Participants will: *

- Listen closely to coworkers *
- Recognize the benefits of soliciting opinions *
- Understand the power of synergy . . . and much more!

The leader and participants will

have a perfect opportunity to examine the impact of their interpersonal behaviors on one another, on the group's effectiveness, and on the outcome of their adventure. Every step in preparation, facilitation, and follow-ups carefully detailed in the Leader's Manual. The Activity contains the engaging simulation--every participant will need a copy. Leaders will watch teams develop and prosper when they are "stranded in the Himalayas."

Hollywood to the Himalayas

Jan 29 2020 Hollywood to the Himalayas is the enlightening memoir of a reluctant spiritual seeker who finds much more

than she bargained for when she travels to India. As a Stanford grad in the midst of getting her PhD in Psychology, Sadhvi Sarawati was comfortable with her life. Despite years of grappling with an eating disorder and trauma from her early childhood, she felt as if she was successfully navigating her way through early adulthood. When she agreed to travel to India to appease her husband—and because she loved the food—Sadhvi would have never imagined that she would be embarking on a journey of healing and awakening. Hollywood to the Himalayas describes Sadhvi's odyssey towards divine enlightenment

and inspiration through her extraordinary connection with her guru and renewed confidence in the pleasure and joy that life can bring. Now one of the preeminent female spiritual teachers in the world, Sadhvi recounts her journey with wit, honesty, and clarity and, along the way, offers teachings to help us all step onto our own path of awakening and discover the truth of who we really are—embodiments of the Divine. "Sadhviji models for us, at the deepest level, that in the true teaching of the spiritual traditions, healing and grace are always possible." —Prince Ea, in the foreword to Hollywood to the Himalayas

“Vivid and poetic...her journey is a river of love, compelling in its authenticity and unflinching honesty. ...a must for anyone who is interested in exploring different paths to fulfilment and to the Creator.” —Jane Goodall “Sadhvi Bhagawati Saraswati is a great teacher of spirituality and consciousness. Her inspiring wisdom illuminates the path to healing, happiness, and inner peace.” —Deepak Chopra “For so many of us, the road to the Divine sometimes begins with deep trauma. And, then Grace is bestowed upon us and we blossom in the holiness of love. Hollywood to the Himalayas is filled with wisdom and truth about the powerful revelations

that unfold on the path to a deeper relationship to the divine. This is a beautiful book.” —Rev. Iyanla Vanzant, executive producer, *Iyanla, Fix My Life*

Faith-healers in the Himalayas May 03 2020

All the Way to Heaven Aug 25 2019 The son of a Presbyterian missionary living in the Himalayas in India soon after independence looks back on the events and exotic setting of his youth.

Footloose In The Himalaya Nov 28 2019

[A Girl in the Himalayas](#) Feb 21 2022 Beyond the peaks and valleys of the Himalaya Mountains lies a magical sanctuary. Protected from the

chaos of man, it is home to immortal beings and mystical creatures. When Vijaya, a young human, is brought into the sanctuary for her protection, some immortals fear her presence may lead to their ruin. But as mankind draws ever closer to the sanctuary’s border, Vijaya will have to prove that there is more to being human than the violence her new family fears beyond their borders. David Jesus Vignolli’s debut graphic novel *A Girl in the Himalayas* explores the astonishing potential of the human spirit. **Over the High Passes** Dec 30 2019 The author recounts her experiences traveling with the Gaddi, a Himalayan

shepherding people, and shares her impressions of their culture

Curious Tales from the

Himalayas Apr 01 2020

Democratisation in the

Himalayas May 27 2022 Cover

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contributors -- Preface --

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democratisation and

negotiating identity in the

Himalayas -- PART I Shifting

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Zanskar to Ziro Jun 23 2019 -

Firsthand experience, vivid

descriptions, high quality

photographs, arresting

narrative and scintillating wit

are the highlights of the book -

The reader practically travels

with the author to places not found on the regular tourist map and experiences the glory of the Himalayas and the genteel, cultured way of life of the hill folk - The travelogue about two women's decade-long love affair with one of the youngest mountain ranges in the world: the Himalayas Zanskar to Ziro: No Stilettos in the Himalayas is a travelogue about two women's decade-long love affair with the Himalayas. Their 10,000-kilometre trail stretched from the remote Zanskar Valley in Ladakh through Himachal Pradesh, Uttarakhand, Nepal, Sikkim, Bengal and Bhutan to Ziro in Arunachal Pradesh. It is the 'female gaze' that sets this

book apart, since it also narrates how women cope with 'being woman' amid a rugged terrain. The ladies have ambled along the mountains also with an eye for the aesthetic and the curious, a heart for the exotic, and an ear for the local lore or a recipe. Contents:

Acknowledgements; Prologue; Jammu and Kashmir - Suru Valley; Zaskar Valley; Leh; Phyang; Nubra Valley; Pangong Tso; Tso Moriri; Himachal Pradesh - Rampur; Sarahan; Kalpa; Rakcham-Chitkul; Nako; Tabo; Dhangkar; Kaza; Langza; Uttarakhand - Chakrata; Lakhamandal-Bisoi; Mussoorie; Landour; Rishikesh; Chandrashila; Deoria Taal; Binsar; Kausani; Munsiyari;

Nepal - Kathmandu; Patan; Bhaktapur; Dhulikhel; Pokhara; Sikkim - Gangtok; Gurudongmar Lake; Yumthang Valley; Pelling; Ravangla; Aritar; Bengal - Darjeeling; Mirik; Kurseong; Bhutan - Paro; Thimphu; Punakha; Phobjhika; Bumthang; Trongsa; Taktsang; Arunachal Pradesh - Bhalukpong; Dirang; Tawang; Bomdila; Ziro; Epilogue.

Alchi Aug 06 2020 The world-famous Buddhist monastery of Alchi in Ladakh, India, is the best-preserved temple complex in the Himalayas. Proposed for inclusion in the UNESCO World Cultural Heritage list in 1998, the monastery's artworks reveal influences from India and Tibet across Central Asia

and Iran, even as far back as Ancient Greece. Housing thousands of rare paintings and sculptures from the area dating back to the eleventh century, it provides fascinating insight into the spiritual and secular life of medieval Kashmir and Western Tibet. The Dalai Lama has authorized the publication of images of these Buddhist masterpieces for the first and only time. Beautifully photographed by Peter van Ham, the images in this volume capture the miniaturesque delicacy and broad range of color of these precious works. With essays by renowned Tibetologist Amy Heller, and a foreword by His Holiness the Dalai Lama himself, this once-

in-a-lifetime volume offers fascinating new insights-- including a large panorama double gate fold--into one of the most beautiful monasteries in the Himalayas.

A Hermit in the Himalayas Aug 30 2022 'The introductory account of Mr. Brunton's pony-back journey up the mountainside has real charm. One of his most interesting chapters gives a practical-minded consideration to the probable future of Tibet.' New York Times Paul Brunton was one of a very small number of his generation to travel in India and Tibet so extensively at a time when very few were doing so with such insight and discernment. His journalistic

skills produced magnificent descriptions of the snowy peaks and high-desert landscapes of the Himalayan region, but it was the lessons he learned from the holy men he met on his journey that transformed him into one of the great interpreters of the East. In this magnificent spirituality classic, he explains that we all need 'oases of calm in a world of storm', no matter what era we are living in, and that to retreat from our everyday lives for a while is not weakness but strength. By taking the trouble to discover the deep silence within us we will find the benefits of being linked to an 'infinite power, an infinite wisdom, an infinite goodness'.

A Hermit In The Himalayas is a fascinating blend of travel writing and profound spiritual experience. As we accompany the author on his journey through the vast Himalayas ranges towards Mount Kailas in Tibet, he also shows us an even more remarkable - and timeless - inner path which will help us cope with the ups and downs of our contemporary world.

The Himalayas Mar 13 2021 The Himalayas are called the roof of the world. The tallest mountain on Earth, Mount Everest, at 29,028 feet, is one of 14 peaks in the Himalayan chain. The Himalayas stretch 1,550 miles from China to Afghanistan. More than 40 million people live in the

Himalayan regions. Among them are sherpas, people of Nepal, who help to guide climbers up Mount Everest. A chapter discusses the record-setting climb of Edmund Hillary and Sherpa guide Tenzing Norgay. Students will also read that it is a Hindu belief that these mountains are the abode of gods.

Shadow States Sep 26 2019
Since the mid-twentieth century China and India have entertained a difficult relationship, erupting into open war in 1962. *Shadow States* is the first book to unpack Sino-Indian tensions from the angle of competitive state-building - through a study of their simultaneous attempts to win

the approval and support of the Himalayan people. When China and India tried to expand into the Himalayas in the twentieth century, their lack of strong ties to the region and the absence of an easily enforceable border made their proximity threatening - observing China and India's state-making efforts, local inhabitants were in a position to compare and potentially choose between them. Using rich and original archival research, Bérénice Guyot-Récharde shows how India and China became each other's 'shadow states'. Understanding these recent, competing processes of state formation in the Himalayas is fundamental

to understanding the roots of tensions in Sino-Indian relations.

[The Politics of Belonging in the Himalayas](#) May 15 2021
The Politics of Belonging in the Himalayas is an exploration of the various forms of bonds and attachments by which individuals are bounded to their collectivities and localities in the Himalayan regions of India and Nepal. To grasp these phenomena adequately, the book proposes a new analytical approach through the concept of belonging. The book is based on several case studies carried out by anthropologists, political science scholars, historians, and geographers who help

bring together rich ethnographical data from different regions of the Himalayas. Organized in three parts, it describes the interactions between local forms of belonging and new forms of classification and governance imposed through national integration and transnational modes of politics. The book analyses different types of societal formations in various historical periods and captures the ongoing change in them. Fundamentally, this collaborative publication is an attempt to go beyond (and beneath) identity constructions and to call into question the idea of permanence implied by the term.

Shamanism and Tantra in the Himalayas Sep 30 2022 The first comprehensive guide to the shamans and tantrikas of Nepal • 605 color and black-and-white illustrations, including 135 color thangkas. • Includes more than 20 psychoactives never before documented. • The result of 18 years of field research. The Himalayan kingdom of Nepal may be the only culture in the world where both shamanic and tantric techniques are still alive and in full practice today. The result of eighteen years of field research, Shamanism and Tantra in the Himalayas presents for the first time a comprehensive overview of shamanism that is based on the

knowledge and experience of the different tribes from that region. Included are original statements from the various ethnic groups and 135 color thangkas, which act as visual guides to the specific practices of the tantric tradition. In addition to the thangkas, the book is lavishly illustrated with numerous photos of different shamanic healing ceremonies, ritual objects, and culturally significant plants that have never been published before. The book also contains a wealth of original recipes, smoking mixtures, scientific tables, charts, and descriptions of more than 20 plants whose psychoactive properties and uses by shamans have never

before been researched or documented. *Routeing Democracy in the Himalayas* Oct 08 2020 Historically treated as an amorphous borderland and marginal to the understanding of democratic politics and governance in South Asia, Southeast Asia and northern Asia, the Himalayan region, in the last 50 years, has become an 'active political laboratory' for experiments in democratic structures and institutions. In turn, it has witnessed the evolution of myriad political ideologies, movements and administrative strategies to accommodate and pacify heterogeneous ethnic-national identities. Routeing

Democracy in the Himalaya highlights how, through an ongoing process of democratisation, the Western liberal ideologies of democracy and decentralisation have interacted with varied indigenous politico-cultural ideas and institutions of an ethnic-nationally diverse population. It also reviews how formal democracy, regular elections, local self-governing structures, protection of the rights of minorities and indigenes, freedom of expression, development of mass media and formation of ethnic homelands -- all have furthered participatory democracy, empowered the traditionally marginalised

groups and ensured sustainable development to varying degrees. The book provides ethnographic and historical vistas of democracy under formation, at work, being contested and even being undermined, showing how democratisation thematically stitches the independent Himalayan nations and the Indian Himalayan states into a distinctive regional political mosaic. Combining new perspectives from comparative sociology, political anthropology and development studies, the volume will be useful for policy makers, as well as specialists, researchers and students in sociology, anthropology, area studies,

development studies, and Tibet and Himalayan studies.

Spies in the Himalayas Sep 06 2020 Spies in the Himalayas chronicles for the first time the details of these expeditions sanctioned by U.S. and Indian intelligence, telling the story of clandestine climbs and hair-raising exploits. Led by legendary Indian mountaineer Mohan S. Kohli, conqueror of Everest, the mission was beset by hazardous climbs, weather delays, aborted attempts, and even missing radioactive materials that may or may not still pose contamination threat to Indian rivers.

[A Hermit in the Himalayas](#) Nov 08 2020

Life in the Himalaya Oct 20

2021 The collision of the Indian and Eurasian plates 50 million years ago created the Himalaya, along with massive glaciers, intensified monsoon, turbulent rivers, and an efflorescence of ecosystems. Today, the Himalaya is at risk of catastrophic loss of life. Maharaj Pandit outlines the mountain's past in order to map a way toward a sustainable future.

It's Only the Himalayas Jul 17 2021 Sue, a disenchanting waitress, embarks upon a year-long quest around the world with her friend, Sara--who's exasperatingly perfect. Expecting a whimsical jaunt of self-discovery, Sue instead encounters an absurd series of

misadventures that render her embarrassed, terrified, and queasy (and in a lot of trouble with Philippine Airlines). She swam with great white sharks in South Africa, ran from lions in Zimbabwe, climbed a Himalayan mountain without training in Nepal, and watched as her friend was attacked by a monkey in Indonesia. But interspersed in those slightly more crazy moments, Sue Bedford and her friend Sara the Stoic experienced the sights, sounds, life, and culture of fifteen countries. Joined along the way by a few friends and their aging fathers here and there, Sue and Sara experience the trip of a lifetime. They fall in love with

the world, cultivate an appreciation for home, and discover who, or what, they want to become. Whether she's fleeing from ravenous lions, dancing amid smoking skulls, trekking Annapurna underprepared, or (accidentally) drugging an Englishman, Sue's quick-witted, self-deprecating narrative might just inspire you to take your own chaotic adventure.

Walking The Himalayas Jun 27 2022 Following his trek along the length of the Nile River, explorer Levison Wood takes on his greatest challenge yet: navigating the treacherous foothills of the Himalayas, the world's highest mountain

range. Praised by Bear Grylls, Levison Wood has been called "the toughest man on TV" (The Times UK). Now, following in the footsteps of the great explorers, Levison recounts the beauty and danger he found along the Silk Road route of Afghanistan, the Line of Control between Pakistan and India, the disputed territories of Kashmir and the earth-quake ravaged lands of Nepal. Over the course of six months, Wood and his trusted guides trek 1,700 gruelling miles across the roof of the world. Packed with action and emotion, Walking the Himalayas is the story of one intrepid man's travels in a world poised on the edge of tremendous change.

WANDERINGS IN THE HIMALAYAS Nov 01 2022 An authentic account of the travels of Swami Tapovan Maharaj, on foot, in the Himalayas. Deeply embedded in it, is the sacred philosophy of the Upanisads, while providing one a panoramic view of the magnificent, awe-inspiring Himalayas.

Mining in the Himalayas Apr 13 2021 Himalaya, the world's most prominent mountain system of the world is a source of sustenance for the social, cultural and economic development of population across different countries. Unscientific, small-scale mining for harnessing resources including minerals has caused

ecosystem damage. Therefore, an integrated and holistic approach to deal with the resource management is required. This book makes a focussed effort to explain how mining in the Himalaya is practiced with discussions pertaining to critiques and lacunas of mining and environmental practices. Status of mining practices in Himalaya is included along with the legal/environmental repercussions of mining.

Rain in the Mountains Dec 10 2020 Ruskin Bond was born in Kasauli, Himachal Pradesh, in 1934, and grew up in Jamnagar (Gujarat), Dehradun and Shimla. In the course of a writing career spanning thirty-

five years, he has written over a hundred short stories, essays, novels and more than thirty books for children. Three collections of the short stories, *The Night Train at Deoli*, *Time Stops at Shamli* and *Our Trees Still Grow in Dehra* have been published by Penguin India. He has also edited two anthologies, *The Penguin Book of Indian Ghost Stories* and *The Penguin Book of Indian Railway Storeis*. *The Room on the Roof* was his first novel, written when he was seventeen, and it received the John Llewellyn Rhys Memorial Prize in 1957. *Vagrants in the Valley* was also written in his teens and picks up from where *The Room on the Roof* leaves off. These two

novellas were published in one volume by Penguin India in 1993 and in early 1995 a collection of stories, essays, poems and a novella were brought out in a volume titled *Delhi Is Not Far: The Best of Ruskin Bond*. Ruskin Bond received the Sahitya Akademi Award for English writing in India for 1992, for *Our Trees Still Grow in Dehra*.

A Long Walk in the Himalaya Jul 05 2020 Garry Weare is enigmatic, funny and he has an enormous conscience. He brings into the story of his Himalayan traverse a succession of vignettes about people's lives that he meets along the way, relevant history, natural history observations

and a delightful sprinkling of his inimitable sense of humour. The warmth of his relationships with his old Kashmiri friends and various people from the trekking fraternity adds a wonderful dimension to this journeyman's tale'. Peter Hillary Weare's finely rendered story of his five-month trek from the sacred source of the Ganges through the Kullu Valley, Zaskar and Ladakh to his houseboat in Kashmir is remarkably entertaining. The people he meets and travels with are fully-fledged characters that the reader comes to know and care about while the Himalaya, captured in all their variety, cast their spell. It is as if the act of

walking allows the author to fully understand all the nuances - spiritual, environmental, social and political - of this inspiring region. 'A Long Walk in the Himalaya' is a book to savour, a book that the reader will return to again and again. English-born Garry Weare has had a long-standing relationship with the Himalaya. In 1970 he first went to Kashmir to teach. It changed his life and he went on to live on a houseboat in Kashmir, to pioneer many classic treks and to research the 'Trekking in the Indian Himalaya' guidebook published by Lonely Planet, now in its 4th edition. Weare is a life member of the Himalayan Club, a fellow

of the Royal Geographical Society, a noted mountain photographer and a founding director of the Australian Himalayan Foundation. He has one daughter, two stepdaughters and lives with his wife Margie Thomas in the Southern Highlands, NSW.

In the Himalayas Nov 20 2021 An updated edition of a New Yorker writer's profile of these mysterious lands.

Kinnaur in the Himalayas Aug 18 2021

Water, Cryosphere, and Climate Change in the Himalayas Jun 03 2020 This edited book summarizes numerous research studies on remote sensing and GIS of natural resource management

for the Himalaya region done by Indian Institutions and Universities over the last decade. It gives an overview of hydrometeorological studies on Himalayan water resources and addresses concerns in the development of water resources in this region, which is dealing with an increased pressure in population, industrialization and economic development. While the source of some of the major rivers of India are found in the Himalayas, the glaciers and water bodies in the region are continuously shrinking leading to a depletion of water and deterioration of water quality. This is affecting a population of up to 2.5 billion people. The

ecosystems have been under threat due to deforestation, loss of biodiversity, expansion of agriculture and settlement, overexploitation of natural resources, habitat loss and fragmentation, poaching, mining, construction of roads and large dams, and unplanned tourism. Spaceborne remote sensing with its ability to provide synoptic and repetitive coverage has emerged as a powerful tool for assessment and monitoring of the Himalayan resources and phenomena. This work serves as a resource to students, researchers, scientists, professionals, and policy makers both in India and on a global level.

Among Flowers Mar 01 2020

Jamaica Kincaid's *Among Flowers: A Walk in the Himalaya* is the classic travel memoir about a master novelist's journey to the Himalaya in search of seeds...

Himalaya: A Human History Jan 23 2022 A magisterial history of the Himalaya: an epic story of peoples, cultures, and adventures among the world's highest mountains. For centuries, the unique and astonishing geography of the Himalaya has attracted those in search of spiritual and literal elevation: pilgrims, adventurers, and mountaineers seeking to test themselves among the world's most spectacular and challenging

peaks. But far from being wild and barren, the Himalaya has been home to a diversity of indigenous and local cultures, a crucible of world religions, a crossroads for trade, and a meeting point and conflict zone for empires past and present. In this landmark work, nearly two decades in the making, Ed Douglas makes a thrilling case for the Himalaya's importance in global history and offers a soaring account of life at the "roof of the world." Spanning millennia, from the earliest inhabitants to the present conflicts over Tibet and Everest, Himalaya explores history, culture, climate, geography, and politics. Douglas profiles the great

kings of Kathmandu and Nepal; he describes the architects who built the towering white Stupas that distinguish Himalayan architecture; and he traces the flourishing evolution of Hinduism, Islam, and Buddhism that brought Himalayan spirituality to the world. He also depicts with great drama the story of how the East India Company grappled for dominance with China's emperors, how India fought Mao's Communists, and how mass tourism and ecological transformation are obscuring the bloody legacy of the Cold War. Himalaya is history written on the grandest yet also the most human scale—encompassing geology

and genetics, botany and art, and bursting with stories of courage and resourcefulness. [The Secret of the Himalayas](#) Apr 25 2022 The newest adventure in the bestselling Unicorn Rescue Society transports readers to the Himalayan mountains in Northern Pakistan! When Uchenna and Elliot's classmate publishes an article in the school newspaper about the Schmoke Brothers, Professor Fauna notices something alarming in a photo. Mounted on the wall of the Schmoke's living room is a single spiral horn that he's certain could have come from only one animal—a unicorn! To save these magical creatures—and

to finally see a unicorn themselves—the Unicorn Rescue Society heads to the rugged mountains of Pakistan.

Hena Khan, the critically acclaimed author of *Amina's Voice*, joins Newbery Honor-

winner Adam Gidwitz for the Unicorn Rescue Society's most dramatic, action-filled mission yet!